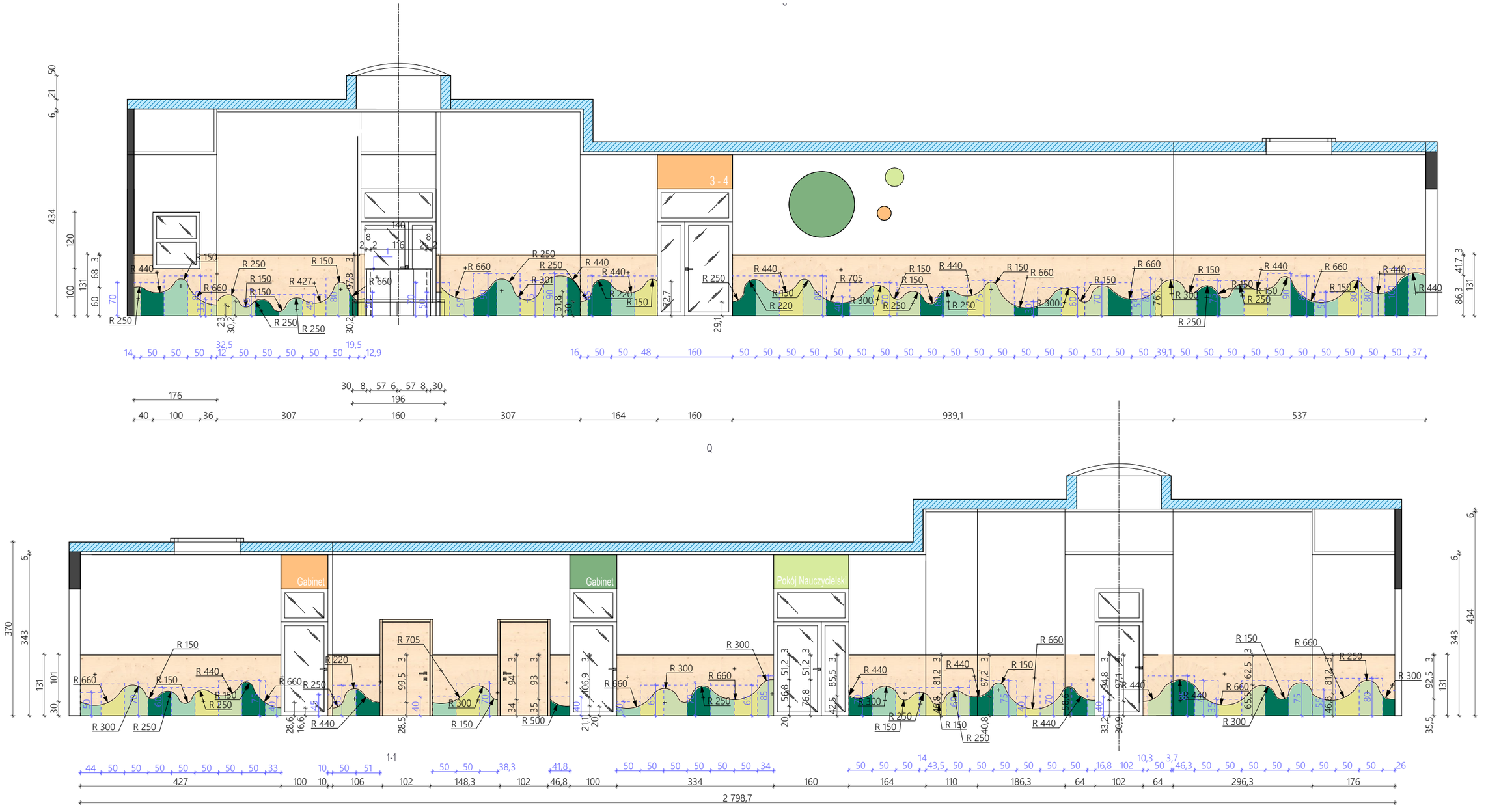Panele S Q.